

# *Welcome to Journey 15*

Taking an Intentional Journey to Breathe

*SIJ - 15 Years of Celebrating Our Journey Together*



# Taking an Intentional Journey to Breathe INTENTIONAL OBSERVATIONS OF GOD'S



# God Knows You Need Relief

## Chapter 1

There's not one thing you did yesterday, face today, or will go through tomorrow that God doesn't know about.



# God Knows You Need Relief

## Chapter 1

### God is Omniscient

**Omni** means “all”.

Scient(ia) means “**knowledge**”.

God Knows everything!



# God Knows You Need Relief

## Chapter 1

### **Genesis 21:31**

God knows every detail about everything in the universe, past, present and future.

### **Job 38:28-30**

He is aware of the individual atom in each star, the private actions of every person, and how many raindrops have landed on each individual grain of sand on every beach.



# God Knows You Need Relief

## Chapter 1

**I John 3:20**

**I Samuel 16:7**

He knows every ponderance, emotion, and intention.

**Matthew 10:29**

He has observed every event of every size, that has ever happened in history.



# God Knows You Need Relief

## Chapter 1

### **Psalm 33:13-15**

He knew about those things before they happened.

### **Psalm 139:4**

God even knows what would happen in every possible circumstance.



# God Knows You Need Relief

## Chapter 1

### God knows All Things

- Yes, even about you.
- Yes, even that.
- Hold that thought.

How can God *knowing* help me in what I am going through?





# God Knows You Need Relief

## Chapter 1

- God's knowledge is itself an action.
- It is complete.
- An entire sovereign system.
- No parameter or limits.
- No process required to find out more information.

Our knowledge will always need additional steps to be effective.

**Isaiah 55:9**



# God Knows You Need Relief

## Chapter 1

It's important to understand the omniscience of God is not just facts to know about Him; His omniscience is facts of His nature that translate into our daily sustainability. His all-knowing is for our well being.



# God Knows You Need Relief

## Chapter 1

We know God is in control and still don't feel secure, comfortable and relieved -

### **WHY?**

We are doubters ...

We are impatient ...

We are controlling ...

We are selfish ...

We want to be God ourselves ...



# God Knows You Need Relief

## Chapter 1

### Job 28:8-10 NLT

I go east, but he is not there, I go west, but I cannot find Him. I do not see him in the north, for He is hidden. I look for the south, but He is concealed. But he knows where I am going.

**God Knows!**

**What?**

**You need Relief!**



# God Knows You Need Relief

## Chapter 1

Where do you go to find relief when you are -

Afraid

Wondering

Lonely

Worried

Grieving



# God Knows You Need Relief

## Chapter 1

To my friends

To church leadership

To counselor

To my phone / the internet

To Netflix

To \_\_\_\_\_

( enter your substance of choice)



# God Knows You Need Relief

## Chapter 1

### Job 23:10

“But He knows where I am going.”

- We may not see **Him**.
- We may not feel **Him**.
- We may not find **Him**.

God knows our current location and future path.



# God Knows You Need Relief

## Chapter 1

### Truth

We find it hard to release things to God because we struggle with two very present realities -

- The way we feel.
- The way things seem.

Does what you know to be true about life **becomes** more profound than what we know about God. **We Will Struggle.**





AMEN



8:02

