# Taking the Journey to *Make Room*Leaning into a Surrendered Life





John 15:4-5 Remain in me, and I in you... because you can do nothing without me.



Like the censors on the garage, it was so simple but critical. Lack of **alignment** was the problem. **Connection** was the issue.



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True Discipleship is impossible without one thing: Being in the right relationship with Him.

- Not just being saved
  - But ongoing
  - Everyday
  - All the time
  - A Connection



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Sacred alignment is summed up in

#### **ABIDING**

John 15:4 "Abide in me, and I in you.





John 15:4-5 Remain in me, and I in you... because you can do nothing without me.

What does abide mean?

The Greek word – *meno* – signifies a state of dwelling, remaining, or continuing. It often refers to a spiritual relationship with God or Christ.

- To remain
- To continue
- To dwell in a relationship with Christ



**John 15:4-5** Remain in me, and I in you... because you can do nothing without me.

Ways to know your soul is out of alignment.

Feeling anxious and unsettled.

**Sensing** something is **off**.

**Tired** and **exhausted**.

Overwhelmed.

Feeling **restless**.



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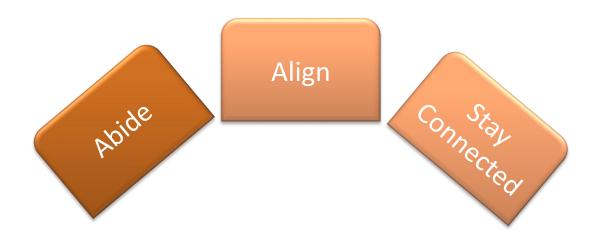


Jesus used this visual to teach about abiding.



John 15:4-5 Remain in me, and I in you... because you can do nothing without me.

Secret lessons from a vineyard full of grapes.





John 15:4-5 Remain in me, and I in you... because you can do nothing without me.

Begin to Abide – John 15:5
"I am the vine; you are the branches"

This is ME.



This is You.

Everything the branch needs for survival and for it's flourishing has it's origin in that vine.



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All the **striving** is **wasted** exhaustion.

Because the **connection** itself is **everything**.



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#### **Dear Disciple**



**Everything** you need comes from Christ. The branch, simply by **resting** and **receiving** gets everything it needs.

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Which one of these three are working? Which is resting and remaining?

**The Vine** 

Is working.

**The gardener** 

Is working.

The branches are, what?

Not working.



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#### **Choose Authenticity**

There is nothing -

No a\_\_\_\_\_

No good d\_\_\_\_\_

No m\_\_\_\_\_

No p\_\_\_\_\_

No measure of i\_\_\_\_\_



Can take the place of abiding.

John 15:4-5 Remain in me, and I in you... because you can do nothing without me.

Receive Assurance – Being connected to "the true vine."



Be <u>assured;</u> He will not leave us down in the thick of our worst <u>moment</u>.

Be <u>assured;</u> He loves you too much to let you have the <u>appearance</u> of fruitfulness without the <u>reality</u> of it.



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#### **Experience Abundance**

Not <u>fame</u>, fruit. Not <u>fortune</u>, fruit.

Not <u>followers</u>, fruit

Not <u>friends</u>, fruit.



**John 15:4-5** Remain in me, and I in you... because you can do nothing without me.

#### **Everything we need is us because we are in Christ**

Instead of being **selfish**, we're **servants**.

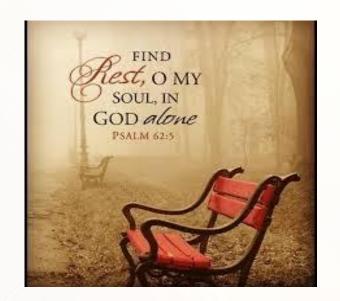
Instead of being **cowardly**, we're **courageous**.

Instead of being anxious, we're restful, relaxed and patient.

Instead of being bitter, we're understanding and forgiving.



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Disciples don't work at being disciples. They surrender their striving and then abide in Christ.





## Leaning into a Surrendered Life Making Room for Transforming Connections

When you are feeling disconnected from God or spiritually out of alignment, which of the feeling(s) do you most identify with:

- Feeling anxious and unsettled
- Sensing something is off
- Tired and exhausted
- Feeling overwhelmed
- Feeling restless



### Leaning into a Surrendered Life Making Room for Transformation

Believer Saved Disciple Surrender



#### **Leaning into a Surrendered Life Class Follow-Up**

- Handouts will be uploaded to the website.
- A reminder will be sent with recording, handout and prayer call information.
  - Prayer is at 6 a.m. the Wednesday following the class.
     (Prayer Schedule on website sistersinthejourney.com.)
    - **Zoom Meeting ID**: 832 1551 4424

**Passcode**: 082908

- **Journey Leaders** and **Journey Leader Assistants** remain on Zoom call after class.
  - Contact your **Journey Leader** if you have questions /

#### **Leaning into a Surrendered Life Making Room for Support**

- 988 Suicide and Crisis Lifeline 24 / 7 Free and Confidential
  - National Sexual Assault Hotline
    - 1 (800) 656-4673 (24 hours)
  - Chicago Rape Crisis Hotline 1 (888) 293-2080
    - Stopbullying.com
- Illinois Helpline for Opioids and other Substances 833 234-6343 or text "Help" to 833234
  - CountyCare at 844 433-8793
- Association of Certified Biblical Counselors https://biblicalcounseling.com