Taking the Journey to *Make Room*Leaning into a Surrendered Life





Psalm 37:4 Take delight in the LORD, and he will give you your heart's desires.





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"When we delight in the Lord, **He becomes** our heart's desire, and **He gives** us that desire because **He gives us Himself**"



Psalm 37:4 Take delight in the LORD, and he will give you your heart's desires.

How do we delight in the LORD?

A desire for more of His presence.

A **desire** to **know** more.

A desire to feel more.

A desire to experience more.

A **desire** to **worship** more.

A desire to talk to Him more.

A **desire** to find more **freedom** from sin.



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Keep company with God.

Cultivate a close relationship with God through prayer, scripture and fellowship.

Get in on the best.

When we seek God, we are choosing the most fulfilling and rewarding path in life.



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Prioritize God and His ways.

God will do the work to align our desires with His will.

This will lead to contentment and satisfaction.



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Heart

Action



God can do something with a person whose delight is in Him. Heart action – alignment.

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Two Extremes



Emotionalism

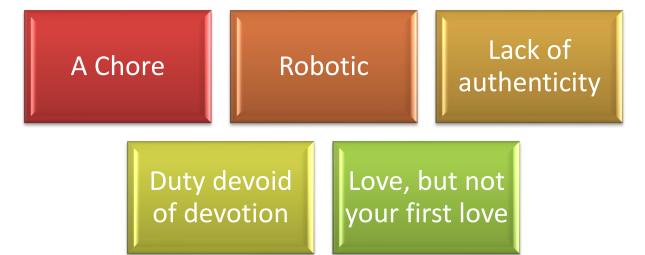


Legalism



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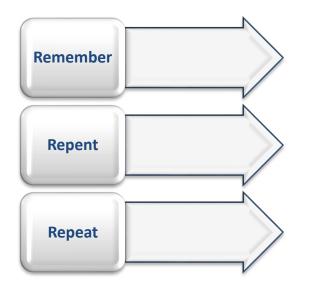
Has your Christian living become...





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Road map back to our "first love" home.







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Remember how far you have fallen.

Pause.

Rest in nostalgia.

Think about the early days of your salvation.

Think about when your heart was young, alive and in love with God.



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Repent.

Come face-to-face with the hard-hitting, sharpshooting reality of repentance.

It's not a feeling but an action.

Change your direction.



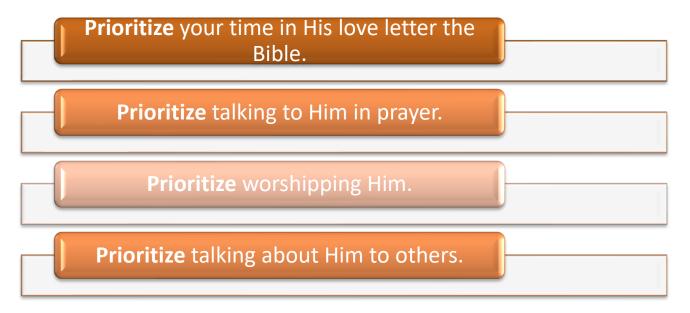
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Whatever **weakens** your reason, **impairs** the tenderness of your conscience, **obscures** your sense of God, **takes off** your relish for spiritual things, whatever **increases the authority of the body over the mind, that thing is sin to you**, however innocent it may seem in itself.



Psalm 37:4 Take delight in the LORD, and he will give you your heart's desires.

Repeat.





Psalm 37:4 Take delight in the LORD, and he will give you your heart's desires.



That roadmap will lead you back home, the place of your "first love".





Leaning into a Surrendered Life Class Follow-Up

- **\Delta** Handouts will be uploaded to the website.
 - ❖ A **reminder** will be sent with recording, handout and prayer call information.
- Prayer is at 6 a.m. the Wednesday following the class. (Prayer Schedule on website – sistersinthejourney.com.)
 - **32 200m Meeting ID**: 832 1551 4424
 - **A Passcode**: 082908
 - ❖ Journey Leaders and Journey Leader Assistants remain on Zoom call after class.
 - Contact your Journey Leader if you have questions / concerns.

Leaning into a Surrendered Life

- Retreat Committee Meeting 5/27/2025 at 6:00 p.m. (Zoom link will be provided.)
- 2nd Edition of SIJ Newsletter is out! Check your email.
- Retreat Registration at Cedar Lake is now open.

 Scan QR Code to register.









Leaning into a Surrendered Life Making Room for Support

- ❖ 988 Suicide and Crisis Lifeline 24 / 7 Free and Confidential
- ❖ National Sexual Assault Hotline (800) 656-4673 (24 hours)
 - Chicago Rape Crisis Hotline 1 (888) 293-2080
 - Stopbullying.com
- Illinois Helpline for Opioids and other Substances 833 234-6343 or text "Help" to 833234
 - CountyCare at 844 433-8793
 - Association of Certified Biblical Counselors https://biblicalcounseling.com

